

Country **Greece**

Title **White mask**

Authors: *Karamintziou Irida, Balokas Alexandros, students*

Time **1 hour**

### **Learning Objectives**

We would like our fellow students to:

1. watch closely a scene of school bullying, observing the related bodily movements and behavior
2. realize how familiar to themselves is school bullying
3. think about the causes of school bullying

### **Which of them are the most important**

The most important issue is to focus on certain bullying behavior and to feel empathy for the victim. This can be fulfilled in the best possible way through interactive experience, that is, via a particular activity they'll join in, so as to take the whole matter into serious and direct consideration.

*Special equipment:* two students (bullies), a student (bullied), a narrator,  
3 white masks.

### **Presenting the Lesson Plan**

#### *Introduction*

We explain them the reason why we are here, focusing on what they are about to learn/do and informing them about the teaching aims, via a clear/specific activity agenda:

The students will watch a theatrical play consisting of “**freezing scenes**”. Between them, the narrator makes questions to the students-watchers according to which the theatrical play goes on. In the end, the students discuss all together about

the school bullying.

### ***1st scene***

Irida and Alexandros, wearing white masks on their faces, are standing somewhere in the classroom. Their bodily movements show them talking to each other and pointing at Ioanna, a student from another country, who stands alone away from them. Wearing a white mask too, she looks at them but remains stock-still.

*Danae, the narrator, claps her hands and the scene freezes.* Then she addresses the students-watchers asking them questions such as:

- a) What is bullying in this scene?
- b) What forms of bullying did you recognize?
- c) Have you ever experienced something like that?
- d) What do you think Ioanna feels?

Danae claps her hands for the 2nd scene to start

### **2nd scene**

Irida moves from her place walking up to Ioanna. She bears down on Ioanna, she hits her and then comes back to Alexandros. Ioanna remains still without any reaction. Danae claps her hands and the scene freezes. Then she addresses the students-watchers asking them questions such as:

- a) What is bullying in this scene?
- b) What forms of bullying did you recognize?
- c) Have you ever experienced something like that?
- d) What do you think Ioanna feels?

Danae claps her hands for the 3d scene to start

### **3d scene**

Ioanna stands up and comes through “her consciousness way”: Irida showing the aggressive part of her consciousness is constantly telling to her “Do something!”. On the other hand Alexandros, showing the yielding part of her consciousness is

constantly telling to her “You are afraid of them!”.

Danae claps her hands and the scene freezes. Then she addresses the students- watchers asking them questions such as:

- a) What do you think Ioanna shall do?
- b) What do you want Ioanna to do and why?

According to the students’ answers Danae claps her hands for the 4th scene to start.

#### **4th scene**

Alexandros and Irida are at their place again. Ioanna goes and hits Irida. Danae claps her hands and the scene freezes. Then she addresses the students-watchers asking them the question:

What do you think shall happen now?

According to the students’ answers Danae claps her hands for the 5th scene to start.

#### **5th scene**

Irida, Alexandros and Ioanna start talking to each other. They seem to reconcile.

Danae claps her hands for the last time. The students take off their masks and all together are making a circle to discuss about the issue.

#### **Checking understanding**

These questions are put consequently:

1. How did you feel?
2. What is your conclusion about school bullying?
3. What do you think this activity helped you with?