

Country **Portugal**

Theme **Bullying. Kinds of bullying**

Authors: Angela Quelhas, Manuela Rodrigues, teachers

Activities

STEP 1. Presentation of some Short story movies with bullying situations in different contexts (classroom, playground, library, way home, at home, leisure places...)

STEP 2. Students are invited to draw, write a poem or a small text allusive to the movies they just watched.

STEP 3. In groups (4-6 people) they make a role - playing work, simulating a situation they watched in the movie (their own interpretation of it). They are allowed also to represent something they know about, a situation they have seen in real life or they have knowledge of.

Role playing shall focus on 4 characters: bully, victim, active observer and passive observer.

STEP 4. In small groups the situations shall be discussed and analyzed based on following topics:

1. What happened in each situation? (What kind of Bullying was illustrated? Verbal, physical, psychological, relational, sexual, cyber bullying, mobbing?)
2. Who are the aggressors?
3. Where happens the episode illustrated? (house, social network, playground, classroom?...)

STEP 6. Debate about warning signs of bullying

1. In the victim
2. In the agressor

STEP 7. Writing down strategic ways of fighting against bullying.

1. How to deal with bullying?
2. And how to deal with the bully?
3. Should there be punishments? Of what sort?

STEP 8. Creating flyers and folders about bullying. What it is and how to prevent it.

STEP 9. “Tool kit” presentation.